

### Detailed example

#### TIMEFRAME FOR A SOLO DANCE WORK

Week 1	<p>Decide on an expressive intention first, then decide on an appropriate structure or form to communicate the expressive intention.</p> <p>Explore possibilities for:</p> <ul style="list-style-type: none"> <li>music that will support the communication of the expressive intention</li> <li>demonstrating physical skills and body actions through improvisation, experimenting with varying body shapes – curved and angular, use of time – rhythm, tempo, duration, and use of energy – strong or light, use of force and sustained or sudden free or bound, use of flow of movement.</li> </ul> <p>Ensure that a range of body actions and physical skills are included to communicate the expressive intention.</p> <p>Explore possibilities for:</p> <ul style="list-style-type: none"> <li>arranging movement into thematically related phrases using a range of choreographic devices</li> <li>linking of phrases and sections.</li> </ul>
Week 2	<p>Select music and edit tracks (if necessary) to desired duration. When planning the dance, note minimum and maximum times for the Unit 3 Solo in the Performance examination.</p> <p>Listen to music to identify metre, accents, phrases, sections, moods.</p> <p>Find a starting pose and develop fluent transition into the body actions of the first phrase to initially communicate the expressive intention.</p> <p>Develop further thematically related movement phrases that will develop the expressive intention for the <b>beginning</b> of the dance work.</p> <p>Join phrases together to make the first section/s that constitute the <b>beginning</b> of the dance.</p>
Week 3	<p>Develop complementary and contrasting phrases to create a <b>development/s</b>.</p> <p>Relate choices of physical skills and body actions to the expressive intention and the music.</p> <p>Continue to join selected phrases into section/s that constitute the <b>development/s</b>.</p>
Week 4	<p>Develop complementary and contrasting phrases that will create a <b>resolution</b>.</p> <p>Check that all physical skills and body actions have been included. The resolution may have a climax built into it.</p>
Weeks 5, 6 and 7	<p>Video and evaluate the completed dance focusing on how the completed work uses body actions and technical and physical skills to communicate the selected expressive intention.</p> <p>Refine and modify the arrangement of movement patterns etc. to better communicate the expressive intention and create coherence across the sections of the dance. Rearrange movement phrases and/or sections as appropriate.</p> <p>Check the performance examination assessment criteria for this dance and further refine the dance as appropriate.</p> <p>Rehearse the dance focusing on:</p> <ul style="list-style-type: none"> <li>building stamina</li> <li>developing and fine-tuning performance skills.</li> </ul>
Week 8	<p>Present dance work for the class.</p> <p>Video the performance for further evaluation and refinement.</p> <p>Note: throughout the development of the dance work, document the compositional processes used. This documentation can be used to inform evaluation and refinement of the solo dance work.</p>